



2019 FUNDING RECIPIENTS

BALLARAT COMMUNITY HEALTH - PAEDIATRIC HEALTH AND DEVELOPMENT CLINIC

The Ballarat Foundation Grant enabled Ballarat Community Health to create an inviting child therapeutic space and to purchase the much needed sensory and assessment tools. Children now have a wonderful interactive space to play that is non-threatening to explore and be supported to work through their challenges. In this therapeutic space children have developed their capacity and met developmental milestones, placing them in a better position for starting school and giving young vulnerable children the best possible start.

BCH commenced the Paediatric Planning for vulnerable children clinic in 2019 with a Paediatric Consultant who has a special interest and passion to see vulnerable children under 5 years of age. More specifically, this interest is to ensure they receive a developmental assessment and the necessary early interventions to better their developmental trajectory. This culminated with the Central Highlands Family Services Alliance and the Child Health Program at Ballarat Community Services aligning and working closely together to see families through the Planning Clinic.



BADAC – A ROOF FOR ALL PROJECT

A Roof for All is a program run by Ballarat and District Aboriginal Cooperative. The program provides emergency accommodation, food and clothing for Aboriginal and Torres Strait Islander people in crisis, including; Youth who are transitioning from out of home care; Older, single Aboriginal women living in poverty and homelessness; Women and children fleeing family violence; Older people who have become homeless; People experiencing homelessness due to drug and alcohol, mental and physical health issues, transitioning from incarceration and more.

SALVOS CONNECT - LARF MENTORING PROGRAM

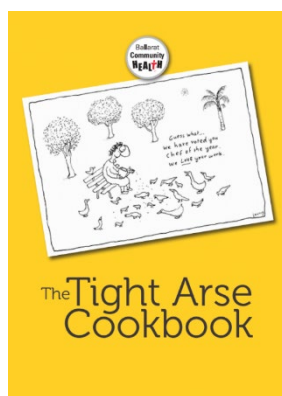
The LARF mentoring program is a social skills program for children who are at risk of social and economic disadvantage, including homelessness, exposure to family violence, food insecurity and substance abuse. The program matches the child or teen (depending on the group) with a mentor who offers them guidance and friendship. Experiences are offered to participants that they would not normally have an opportunity to be involved in and it is hoped that they will be able to develop new skills as a result.

The LARF program engages children and teens and provides a connection for those who are very much at risk of social isolation. The program aims to improve self-esteem and confidence, communication skills and have a link to a wider community. Forming positive role models with mentors can also improve emotional/behaviour regulation, school success and employment opportunities. The program ensures young people feel valued and safe and encourages them to be empowered and take steps towards a better future.



BALLARAT COMMUNITY HEALTH – ISHY TIGHT ARSE COOKBOOK PROJECT

The IHSY (Innovative Health Services for Homeless Youth) Tight Arse Cookbook project responds to food insecurity, improves food literacy and builds self-confidence by supporting at risk people to prepare low-cost, healthy meals. The Tight Arse Cookbook has been developed, piloted and produced; it is a free cookbook that has been created and distributed for individuals, families and groups to get confident with cooking, as well as attaining some useful living skills. This resource will improve skills in money management and smart shopping; and also improve nutritional literacy leading to higher capacity of consumers to include healthy eating in their everyday life. COVID-19 has likely had an impact on the delivery of living skills programs by organisations to clients and groups.



UNITING VIC/TAS – MEALS FOR CHANGE



Meals for Change is a program operated by Uniting and is a café style meals program that support young people. Vulnerable young people are at greatest risk of isolation, so the program exists not only to provide nutritious meals but to also keep these youth connected to the community. In this program, clients receive a card with 12 café meals. They are able to eat at one of the participating cafes and order a meal up to the price of \$15 but only pay \$3. The program then reimburses the balance to the café.

This program is helping to decrease social isolation amongst vulnerable youth. The clients are treated with respect, the card is confidential and discreet, and young people have a chance to eat out in a social environment. They may also bring a friend or family member who will also enjoy the same \$3 deal. More importantly it provides an opportunity to connect with friends in a café setting. There are around 94 active memberships who are referred to the Meal for Change program from various services.

EUREKA MUMS – THE FIRST 1000 DAYS PROJECT

The overarching goal of this project was to provide families in need with the essential nursery equipment and clothing a baby or child needs for a safe start in life. The First 1000 Days Project aims to achieve positive outcomes for families such as safe sleeping and car travel, help children be school ready, assist social workers, secure donations of babies and children equipment and grow the volunteer base.



Since the beginning of 2019/2020 financial year, through the support of the First 1000 Days Project by the community and organisations such as the Ballarat Foundation, Eureka Mums has been able to provide 3,903 items of nursery equipment, baby and children's clothing, linen, toiletries packs, nappies and wipes packs, books and toys. These items have gone to 1,741 babies and children in need (430 babies under 12 months, 1,311 children over 12 months). Over 90% of the items

have been donated by the community with the funding from this grant allowed Eureka Mums to purchase nursery equipment when stock has been low, particularly during Covid-19.

HIGHLANDS LLEN – INCREASING EMPLOYABILITY OF YOUNG PEOPLE

The Youth Advisory Board of Highlands LLEN was funded to deliver a program to increase employability skills of members of the Youth Advisory Board through their engagement in YAB activities, events and projects.

The YAB were able to deliver a successful community event in November 2019 called 'Spring in the Park' in which 300+ members of the community attended to connect with their peers, friends, family and broader community. To successfully run the event, the YAB stepped into project and event management roles and received one-on-one and group training from the YAB facilitator to boost their skills and knowledge in this area. As a result of the funding provided by the Ballarat Foundation, the YAB were also been able to attend a career focused group training workshop as part of the 'Coaching Young People for Success' program.



MERCY CONNECT – REFUGEE MONITORING

The Mercy Connect Refugee Mentoring program aims to deliver high quality mentoring by for refugees in the Ballarat area. High quality mentoring has been achieved through compliance by volunteers with all checks & requirements, the use of a mentoring plan for each student and regular reports received by the volunteers. Higher student literacy and numeracy has been achieved because of the program and improvement in general across most of the students' learning. Likewise, students have been able to adjust better to the mainstream school environment; improvements in behaviour, school attendance rates, participation in extra-curricular activities and improved overall confidence and self-esteem has been a huge positive outcome from the mentoring program.

ANGLICARE – BALLARAT COMMUNITY BREAKFAST PROGRAM

The Anglicare Victoria Community Breakfast Program operates from the Anglican Cathedral on Lydiard St. Here they serve around 35-40 breakfasts every day to up to 500 individuals annually. Breakfasts consist of cereal, toast, sausages and tea and coffee. The clients are largely people who have a number of issues relating to mental health, addiction and family violence.



With funds received from the Community Impact Grants, Anglicare have been able to provide healthy breakfast options and food that can be taken away. Fresh fruit and vegetables can be eaten at the breakfast or taken for use during the day. Clients can access this food every morning at breakfast, ensuring that they have a regular access to nutritious food. Due to Covid-19 restrictions, the program has been altered to a take-away format, using a breakfast cart located outside of the building.

PINARC – SUPPORTING YOUNG PEOPLE WITH DISABILITIES TO INCREASE WORK-READY SKILLS

The Pinarc program, Supporting Young People with Disabilities to Increase Work-ready Skills, improves opportunities for young people living in the Ballarat area with a disability to find work either in a paid or voluntary position. The program aims to improve opportunities to practice computer-based skills; skill development with software and processes that are used in office and administration environments; increases work-ready confidence; prepares resumes; and assists with employment and volunteer applications. The program has been able to assist young people with disabilities (YPWD) in their work ready skills through the creation of resumes, interview skills, online volunteer and job searches. Although the program opportunities are developing, staff team members have also reported the increased resources have assisted YPWD to have wider choices and opportunities when undertaking career mapping, numeracy and literacy and undertaking online searches.

HILLTOP CHURCH – PHOENIX COLLEGE BREAKFAST CLUB



Phoenix Breakfast Club is an initiative from Hilltop Church for the students at Phoenix College. The main outcome of the breakfast club is for students to have regular access to safe and nutritious food before school. This in turn will help their development and learning and have a positive impact on their education. The breakfast club is inclusive, welcoming and friendly in its nature. It is aptly named as it not only provides an opportunity for kids to receive breakfast, but to also have a chat with an adult. The young adults who volunteer to help run the program, are all trained (or undergoing training and support) to adequately engage and communicate with children who are potentially at risk. It is hoped that students will attend school more willingly as they have access to breakfast, but also access to a supportive network.

The funds received from the grant go towards the day to day purchasing of food for the breakfast club. Milk, English muffins, butter, spreads, juice, and cereal is purchased by the volunteers and set out in the canteen area for students to take as they please. Some students grab some toast and keep going, whilst others mill around and chat as they eat.

UNITING – BUNINYONG AND CARDIGAN VILLAGE KINDERGARTEN OUTDOOR EQUIPMENT UPGRADE

Uniting used funds to upgrade the equipment used at Buninyong and Cardigan Village kindergartens. An upgrade of appropriate outdoor play equipment play was purchased to provide a suitable, safe and inviting area for children to learn, play and grow. The upgrade of equipment has allowed the development of imaginative play for the kindergarten children. Imaginative play gives children the opportunity to develop social skills, language skills, emotional growth and helps them understand the world around them.



PINARC – PRESERVING OUR PRODUCE

This project by Pinarc continues the project to create a garden to help with food security that funded by the Ballarat Foundation in 2018. The garden is used by people with a disability to increase their knowledge of growing your own food, harvesting, cooking and preserving foods. Young people with a disability are particularly vulnerable to poor nutrition, so the education of growing, cooking and eating healthy foods is essential. The project makes use of seasonal over supply of fruits and vegetables and teaches the young people how to cook foods from scratch. Many people with disability face problems with fine motor skills which is necessary to safely navigate a kitchen, so it is essential that kitchen tools are innovative and safe.



BALLARAT NEIGHBOURHOOD HOUSE – OUR KITCHEN COMMUNITY DINNERS



Our Kitchen Community Dinners is a social enterprise that provides pathways to work through hospitality. Ballarat Neighbourhood House provides training and work experience for disadvantaged and for disengaged jobseekers. The program teaches catering and cooking skills and provide provides work experience by supplying catering for work groups and meetings in the Ballarat area. The program also includes the community dinners which not only provide food security but also help reduce social isolation and help create community connections. The program

addresses areas such as employment, social skills, social isolation, cooking skills, budgeting, healthy eating, understanding seasonal produce, healthy cooking and menu planning.

BALLARAT COMMUNITY HEALTH – COMMUNITY COOKING SKILLS PILOT PROGRAM

YMCA – U-TURN; AN AUTOMOTIVE SKILLS PROGRAM

UNITING – A JOURNEY TO EMPLOYMENT